



As per FHSAA Policies 40.1.1, 41.1 and 42.1.1, all student-athletes are required to watch the following **FREE** NFHS Learn courses annually.

- Concussion in Sports- What you Need to Know
- Heat Illness Prevention
- Sudden Cardiac Arrest

*CERTIFICATES NEED TO BE IN THE STUDENT'S NAME.

Course Ordering

- Step 1: Go to www.nfhslearn.com.
- <u>Step 2:</u> "Sign In" to your (student) account using the e-mail address and password you provided at the time of registering for an nfhslearn account.

OR

If you do not have an account, "Register" for an account.

- Step 3: Click "Courses" at the top of the page.
- Step 4: Scoll down to the specific course from the lis of courses.
- Step 5: Click "View Course
- Step 6: Click "Order Course."
- Step 7: Select "Myself" if the course will be completed by you.
- Step 8: Click "Continue" and follow the on-screen prompts to finish the checkout process

(NOTE: There is no fee for these courses.)

Beginning a Course

- Step 1: Go to www.nfhslearn.com.
- Step 2: "Sign In" to your account using the e-mail address and password you provided at the

time of registering for an nfhslearn account.

- Step 3: From your "Dashboard," click "My Courses".
- Step 4: Click "Begin Course" on the course you wish to take.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of <u>www.nfhslearn.com</u>. If you should experience any issues while taking the course, please contact the NFHS Help_Desk at (317) 565-2023.